



# TRIBULUS TERRESTRIS™

## Natural Testosterone Booster



### 40% Saponins & Protodioscin

We are proud to introduce a new, high quality sports nutrition supplement into the House Of Muscle sports supplement line. **“The House Where Muscle Is Built”, House Of Muscle, now carries a new, highly potent version of the natural testosterone booster, Tribulus Terrestris.**

The most exciting aspect of the House Of Muscle version of Tribulus Terrestris is that it is manufactured under the highest quality control standards, which results in an extremely potent extract of the Tribulus Terrestris herb **that is standardized for 40% saponins and protodioscin.**

Those of you “in the know” about Tribulus Terrestris realize why this aspect of our product is so important, and we will get into more detail later as to why it is so important that we created a 40% saponins and protodioscin standardized extract version of Tribulus Terrestris. For now realize that ***our version is the highest quality and most potent version of Tribulus Terrestris you can possibly buy on the market today.***

For years, supplement scientists have toiled in their labs trying to find more

and more compounds that naturally augment testosterone production, and this effort has only increased since the prohormone ban. *Recently, these scientists have discovered that one of the most effective testosterone boosting herbal formulations comes from the extracts of the plant Tribulus Terrestris.*

Most of you are aware of the positive aspects a natural boost in testosterone will

the most important aspect of recent research is the discovery that *it is the steroidal saponins of Tribulus Terrestris that are considered to be the factor responsible for biological activity of products derived from this plant.* **The positive testosterone producing aspects of Tribulus Terrestris depend on the concentration and the composition of active saponins in the herb, and in particular in one of those saponins — PROTODIOSCIN.**



**Tribulus Terrestris that is standardized for a high amount of protodioscin will effectively boost natural testosterone production.... the House Of Muscle version of Tribulus Terrestris contains the highest amount of protodioscin available on the market today!**

have on your efforts to build lean, hard muscle and strength. ***Higher levels of testosterone has numerous performance enhancing benefits, including improving recovery, increasing energy, boosting protein synthesis (your ability to consume and utilize higher amounts of protein), improving nitrogen balance, and increasing workout intensity, to name a few.*** So, it should be obvious, that finding a way to naturally boost testosterone levels, in a way that does not produce negative side effects, will prove to be very valuable to your goal of building muscle and strength.

Tribulus Terrestris can increase natural testosterone production, but

Research on protodioscin has shown that it augments the levels of testosterone, leutinizing hormone, dehydroepiandrosterone, dihydrotestosterone and dehydroepiandrosterone sulphate. It is important to note that **all the research demonstrating the positive aspects of Tribulus Terrestris were done with an extract of the herb that contained high concentrations of protodioscin.** The research also shows that Tribulus Terrestris without high concentrations of protodioscin did not produce the same positive results. **Bottom line, if the Tribulus Terrestris you are taking does not contain a high concentration of protodioscin, IT WILL NOT WORK!** That is why the Tribulus Terrestris in the House Of Muscle

supplement line is standardized for 40% saponins and protodioscin. This is the highest concentration of protodioscin you can possibly get in a Tribulus Terrestris product. **That is why we can state, unequivocally, that our version of Tribulus Terrestris is the most potent version on the sports supplement market today!**

When we decided to bring a Tribulus Terrestris product to market, we did diligent research on the herb. We discovered that *many supplement companies sell Tribulus Terrestris products that contain very little (and in some cases absolutely no) amounts of saponins in them.* Plus, even if a Tribulus Terrestris product does contain saponins, it still might not contain any, or very low amounts, of the most important saponin, protodioscin. This is one of our biggest pet peeves about the supplement industry. *Some companies attempt to capitalize on the popularity of a product like Tribulus Terrestris by bringing an inferior product to market that contains very little, if any, protodioscin in it.* Why do they do this? Simply because it costs pennies on the dollar to manufacture a Tribulus Terrestris product that contains very little, if any, protodioscin compared to one that contains high concentrations of this all important ingredient. By selling a product that does not contain high concentrations of protodioscin, they dramatically increase their profit margin and they fully expect the product to still sell because the general public is not aware how important it is that their Tribulus Terrestris product contains high amounts of protodioscin. The problem is, these inferior versions of Tribulus Terrestris don't work and when people use them they form a negative opinion of the product, due

to the lack of results they produce. This is very damaging to the sports supplement industry. For example, you may find a Tribulus Terrestris product that claims to contain 750mg of Tribulus Terrestris per capsule. It probably does contain that amount of Tribulus Terrestris per capsule, but **if it does not clearly specify the exact standardized extract percentage of saponins, and more importantly protodioscin, in that Tribulus Terrestris, then it most likely does not contain any saponins and protodioscin.** Also, it is important to remember that even if a Tribulus Terrestris product specifies the standardized extract percentage of saponins, but does not specify the amount of protodioscin, it probably contains very little, if any, of this most important saponin.

A recent publication clearly showed that the concentration of protodioscin in herbal extracts is greatly influenced by the standardization of plant material. *So always look for Tribulus Terrestris products containing standardized herbal extracts and buy only from reputable well-established companies, like House Of Muscle.* Quality Tribulus Terrestris products will use standardized extracts and will indicate the percentage by which they are standardized. The House Of Muscle version of Tribulus Terrestris is manufactured at a cGMP (Current Good Manufacturing Practice) certified facility right here in the USA and has the cGMP seal right on the label. *This insures that the Tribulus Terrestris in our product contains the exact standardized extract of 40% saponins and protodioscin.* **This is the most potent version of Tribulus Terrestris available on the market today and the only version of Tribulus Terrestris that actually works.**

The House Of Muscle version of Tribulus Terrestris contains 60 capsules per bottle. Each capsule contains 750mg of Tribulus Terrestris standardized for 40% saponins and protodioscin. We recommend that you take one capsule two times per day. Take the first capsule with breakfast and the second capsule 60 minutes before your workout. If you don't workout on a given day, still take two capsules daily, with one dosage being with breakfast and the second in the early afternoon. We also recommend that our Tribulus Terrestris product should be cycled eight weeks on and four weeks off to minimize the down regulation of your natural testosterone production.

**BOTTOM LINE — Tribulus Terrestris that is standardized for a high amount of protodioscin will effectively boost natural testosterone production, which will definitely help you build lean, hard muscle and strength and the House Of Muscle version of Tribulus Terrestris contains the highest amount of protodioscin available on the market today!**

What are you waiting for? Get your Tribulus Terrestris from House Of Muscle today at finer retailers such as:

**HouseOfMuscle.com  
&  
SportsNutritionGlobal.com**

*The statements made about this product have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.*