



Estrogen Blocker & Testosterone Elevator



EstroBlock™ Conquers Estrogen

Bodybuilders and strength athletes are well aware that the female hormone estrogen can seriously harm their attempts to build muscle and strength. Estrogen must be kept under control or some pretty undesirable conditions may arise in the body.

The Problems With Estrogen

Higher than normal estrogen levels can lead to several physiological problems. First, it can cause a condition called gynecomastia (gyno). Gyno is the growth of hard nodular breast tissue under the nipple. This condition can greatly diminish the cosmetic appearance of pectoral muscles.

High estrogen levels can also cause excessive sodium and water retention. This will result in a bloated, puffy appearance in your muscles. Steroids and/or prohormones that aromatize heavily are particularly notorious for causing water retention. All of this can be avoided by lowering estrogen levels.

The worst side effect of higher than normal estrogen levels occurs when the excess estrogen sends a signal to the hypothalamus to shut

down production of GnRH, a hormone that stimulates the pituitary to produce luteinizing hormone. When luteinizing hormone is shut down a signal is sent to the testicles to stop production of testosterone, and perhaps even atrophies your testes. Obviously it is desirable to avoid this condition.



years by steroid users. While these drugs are somewhat effective in keeping estrogen levels in check, they can result in a reduction of IGF-1 production and an increase in sex hormone binding globulin production. These are both undesirable side effects.

Then there are aromatase inhibitors. Drugs like Anastrozole work by blocking the production of estrogens in the body by binding

to the enzyme aromatase. Aromatase inhibitors are more desirable than estrogen receptor blockers like Tamoxifen and Clomiphene because they function as true anti-estrogens and do not share the undesirable estrogen agonist activity mentioned above.

Is There An All Natural, Legal Aromatase Inhibitor?

The answer is yes and its name is EstroBlock™. EstroBlock™ binds to the aromatase enzyme and renders it inactive. This diminishes aromatase enzyme activity in the body and results in a substantial

Estrogen Control

There are many compounds available that can control estrogen lev-

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els. Tamoxifen (Novaldex) and Clomiphene (Clomid) have been used for

reduction in estrogen levels. The added bonus of an increase in testosterone production also occurs.

It is important to note that when you stop taking EstroBlock™ your aromatase enzyme level will return to normal and you will get back to full estrogen production.

Why You Should Use EstroBlock™?

There are three cases when EstroBlock™ should be used.

- 1. While taking prohormones or steroids.** By taking EstroBlock™ during your prohormone cycle you can avoid the

mone/steroid cycles, you will avoid the problems of gynecostasia, excess water retention and the shut down of GnRH production.

2. **After a cycle of prohormones or steroids.** By taking EstroBlock™ after your prohormone/steroid cycle, you will jump-start testicular testosterone production.
3. **Anytime you want substantial and beneficial increase in natural testosterone production, even if you are not taking prohormones or steroids.** EstroBlock™ is a very safe and effective alternative to prohormones and steroids.

You can get good results by simply taking one capsule daily of EstroBlock™. However, for absolute maximum results you should take EstroBlock™ in our 15-Week Pyramid Cycle.

The Power Of The Pyramid

The reason our 15-Week Pyramid Cycle is far superior to taking simply one capsule daily has to do with the concept of receptor downgrade. Many drugs and supplements, including EstroBlock™, are susceptible to receptor downgrade. What this means is initially the drug or supplement you are taking works great. You feel the absolute maximum impact of the compound because your body has never been introduced to it before. But over time, your body gets used to the compound and you have to take more and more of it to get the same great results you did initially.

Eventually, it doesn't matter how

much of the compound you take — it simply won't work anymore. This is where many of the potential negative health side effects can occur from taking such compounds as steroids or prohormones. Users increase the dosages because they want to keep getting results, but all they are really doing is potentially hurting themselves and wasting their money.

This is where our 15-Week Pyramid Cycle comes in. With

Week #	Estroblock™
1	1 capsule/day
2	1 capsule/day
3	2 capsules/day
4	2 capsules/day
5	3 capsules/day
6	3 capsules/day
7	3 capsules/day
8	4 capsules/day
9	3 capsules/day
10	3 capsules/day
11	3 capsules/day
12	2 capsules/day
13	2 capsules/day
14	1 capsule/day
15	1 capsule/day

Back to week #1

this cycle, you gradually increase the dosage over time, and slowly reach the maximum amount you can take while still getting benefits but without potential side effects. Then, you gradually decrease the dosage, bringing your body back to a normal state of homeostasis. **By doing this, you can maximize results and limit potential side effects!**

Plus, by decreasing the dosage on the way down **you are setting yourself up to take the 15-Week**

Cycle again, after a 4-week break or off period, to get the same maximum results you did with the last cycle!

Don't get me wrong — you can still get great results with EstroBlock™ simply by taking one capsule daily. (If you do only take one capsule daily, take it at night, before bedtime.) But, if you want to **absolutely maximize the potential for dramatic strength and muscle increases with EstroBlock™ THE 15-WEEK PYRAMID CYCLE IS DEFINITELY THE WAY TO GO!**

If you really want to take your muscle and strength building efforts to the next level, check out THE 15-WEEK SWORD'S STACK which includes Estro-Block™!

What are you waiting for? **Get Estro-Block™ today at:**

HouseOfMuscle.com

The statements made about this product have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.